



Your host,
Dave Henderson

Tuesday, January 20, 2009

“The Best Fantasy Camps Have to Offer”

A week you'll never forget!



MAJOR LEAGUE INSTRUCTION -- The retired Mariners players who are your coaches this week -- like catcher Tom Lampkin -- are here to help you have fun and learn as much as you can. Ask lots of questions and be sure you benefit from all our coaching staff's Major League experience.

Just a few things you'll need to know...

What could be better! Here we are in Phoenix, in a beautiful Major League setting. You've worked hard to get yourself in shape for the week (of course you have!) You've stayed awake nights wondering if you'll be able to recognize a curve ball when you see one.

Well, relax. Here's a few hints to help make this one of the most memorable weeks of your life.

Coaching Pairings

Keith Comstock, Mike Moore, Bruce Hines
Tom Lampkin and Gary Wheelock
Brian Holman and Bob Didier

someone else's personal bat. We will supply you with a bat. These bats will be placed in the batting cages or dugouts each day, and will be marked with the letters DHBA on the knob. Please do not remove these bats from the dugouts or the batting cages.

Please do not put these bats in your bag or in your locker. If you find a bat you like, contact your

hostess and she will be glad to find the same model bat in our inventory and sell it to you for \$35.00

Wooden Bat Etiquette

■ You're in the Major Leagues this week, so forget about that tinny clink of an aluminum bat. Only wooden bats are allowed. If you have brought your own bat, find a Sharpie and mark it on the knob with your initials and uniform number. If you didn't bring your own bat, DON'T use

Photos

■ This week will produce many memories, and one of the best ways to preserve those memories is through photographs. Your photographers for the week are **Jim**

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Important times and dates for this week...

Evening Activities

■ The clubhouse will close each day at **6:00 p.m.** Please be considerate of the clubhouse staff and clear out by that time. You will have plenty of time to shower, ice down, have a beer and listen to **Hendu** and the other pros exaggerate about their Major League exploits. Plan on going to dinner, or eating at the hotel, between **6 and 8 p.m.** Your hostess will be organizing groups to go to dinner with the coaches during the week. Try to be back at the hotel each evening by **8:30 p.m.** because that's when the "**Mariners Forum**" program will take place. We have planned programs featuring our camp pros and some special guests. Each evening at **6:30 p.m.** and at **9:30 p.m.**, we'll be screening video highlights of the day's action on the field.

Baseball cards

■ You need to pick out one photo during the week to put on the front of your baseball card. If, by Thursday, you haven't seen a picture of yourself, be sure and talk to your hostess. **If you don't select a photo and fill out a card form by the end of the week we will be unable to produce a card for you.**

Retail sales

■ During the week, we are offering for sale a variety of items, including clothing, hats, baseballs, bats and baseball cards. If you wish to set up an open charge

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Photo legacy -- When you get that key hit or make that great, game-saving play this week, our photographers will be there to record it. Be sure and take home lots of photo memories of your time here.



MAKE THE MOST OF IT! -- In order to get the most out of this extraordinary week, get up early and arrive at the clubhouse as soon as it opens. and during the evening, stay up late with Hendu and the other coaches at the sports bar. You can sleep when you get home.

Times...

account for the week, please see your **hostess or Nancy Murphey**. Provide them with your credit card information and they will set up an account to which you can charge retail, photo and a'la carte food tickets.

Tipping

■ In the Major Leagues it is customary for players to tip their clubhouse and training staff. We follow the same custom here. These people will work very hard for you during the week. At the end of the week, please leave a tip. Ask your coaches if you are unsure of the appropriate amount.

Emergency phone

■ Did you oversleep and miss the last van to the ballpark? Are you out with some of the guys for the evening and have a little too much to drink? The phone number that will solve your problems is **(877) 993-7338**. Write this number down and keep it with you. Go out during the evening and have a good time but please, **do not drive if you have been drinking.**

A'la carte

■ If you have family or friends in

Phoenix who have not purchased Fan Packages but would like to participate in lunches, the barbecue or Saturday's banquet, you or they can purchase tickets from your hostesses for these events. Extra tickets for the banquet must be purchased before the end of the day Wednesday.

Newsletter

■ You're being watched. Yes, the Mariners Fantasy Camp newsletter, *Fantasy Baseball Week*, will be on the lookout for (mostly funny) stories this week. If you hear or see anything you want to share with your fellow campers, contact **Mike Murphey**, the newsletter writer. *Fantasy Baseball Week* will be published each day of the camp, and available in the restaurant at breakfast. The newsletter will be posted online each day at www.hendersonbaseball.com.

Clubhouse Beer

■ The beer we provide in the clubhouse must remain in the clubhouse. Please don't bring it out to the fields, and please do not put cans in your bag, or bring beer onto the vans at the end of the day. The City of Phoenix and the State of Arizona have laws that prohibit open containers of alcohol in vehicles.

Hints...

Nicholson and Bryan Murphey. They will be shooting photographs all day every day. Each morning at the clubhouse, copies of the previous day's photographs will be on display. Each photograph will be marked with a code number. Please do not remove these photos from the display boards. If you want to order an enlargement, simply put this number on a photo order form (a sample form is in the Welcome Package) and give the form to one of our staff members. In most cases, you will have your copy or enlargement within 24 hours. If you order photos at the end of the week, your enlargements will be mailed.

Who Can Be Where

■ The clubhouse is the players' sanctuary and is off limits to your fans. **Only campers in uniform and camp staff have full access to the clubhouse, locker room and training room.** Restroom facilities are available for fans at the fields.

During lunch each day, fan package participants can go into the area where lunch is being served but they may not go back into the locker room or training room.

When games are over, fans may go onto the field for photographs. No one but uniformed camp participants or camp staff may be in the batting cages or in the dugouts. Our insurance restricts us from allowing anyone else in these areas.

Please don't put our staff in the position of having to ask your fans to leave these restricted areas.

Trainers

■ **Jeff Collins and Walt Horn** are your camp trainers. Walt is on the Oakland Athletics Major League training staff. Jeff is the A's medical coordinator and works with the Major League club during Spring Training.

They will treat you just as they would treat your professional counterparts. Take advantage of their services.

They can help you with pregame wraps and heat treatments, and postgame ice to help prevent injuries from occurring. Don't wait until you are hurt to see them.